

Suggested simulation for Labour analgesia

There are a number of pre-existing simulation scenarios that involve epidural analgesia including LA toxicity, subdural block or unexpected intrathecal placement with a high spinal block.

Depending on the experience of the learner, target a specific scenario that will enhance their knowledge.

For novice obstetric anaesthetists

- indications and contraindications for labour epidurals
- informed consent for epidural in labour (www.labourpains.com)
- knowing the dermatomal distribution necessary for analgesia at different stages of labour
- part task trainer for initial attempts at epidural insertion
- knowledge of agents to be used in epidural
- testing a block

For the more advanced learner

- trouble shooting for the failed epidural
- signs of a subdural block
- LA toxicity
- delayed neurological recovery (see topic [neurological monitoring OAA learning zone topic](#))

QI projects are aplenty on this subject!

- epidural response times
- pathway for delayed neurological recovery after neuraxial block
- access to US for obese parturient