

COVID-19 Obstetric Epidural Checklist

Collect all equipment needed and place on silver procedure trolley which should be cleaned inside the room and again outside the room at the end of the procedure. This would also be the case for the foot stool.

Prior to the procedure the midwife looking after the patient should confirm that:

- The patient is cannulated and has an IVI attached
- They are in a gown
- They are positioned sitting on the bed

A runner will also need to be available in case of assistance being required in the event of the patient becoming unwell or that unanticipated equipment/ drugs are needed

The usual epidural trolley can be parked outside the patient's room for a runner to access if required

Checklist of items to place on silver trolley to take into room:

- Epidural pump
 - Ensure battery working
 - Ensure PCEA button is attached
 - Set up pump with epidural solution primed
 - Lock pump (now key should not be required in room)
- DISPOSABLE (not reusable) gown
- Gloves
- Epidural pack
- 2 x 2% Chlorhexidine sticks
- Local anaesthetic for skin
- Saline for loss of resistance
- Clear dressing
- Mefix for back
- Local anaesthetic for test dose if required
- Rubbish Bag

Should be in epidural box – don't take box in

PPE suggestions:

- Option A: Don barrier PPE (apron, surg mask, eye protection and normal gloves) outside room allowing you to arrange kit, help position woman etc then remove normal gloves, scrub and add sterile gown and gloves to do epidural procedure. You will need to take scrubbing solution in, in disposable format.
- Option B: Don Sterile PPE (surgical facemask, hat, eye protection, disposable surgical gown and sterile gloves) outside room prior to epidural and be unable to touch anything non-sterile in room. You may add second pair of sterile gloves, remember to take these in.

If it is necessary to go back into the room to troubleshoot consider taking:

- Syringe
- Drawing up needle
- Fentanyl
- Sterile pack
- Sterile gloves
- If pump needs to be unlocked will need the key (clean this after use with any universal wipe)
- Local anaesthetic solution
- Dressings
- Mefix