Analgesia after Caesarean Section or Instrumental Delivery

A patient information sheet explaining how analgesia will be managed after caesarean section or instrumental delivery is available on the day unit or in recovery. This should be given to all patients pre-operatively for elective patients, in recovery for emergency patients. Please record all analgesics, antiemetics and antibiotics given in theatre on the anaesthetic chart and also in the ward prescription chart.

Epidural
Epidural infusion of bupivacaine 0.1% + Fentanyl 2mcg/ml. May be appropriate for patients who remain on delivery suite after caesarean section (e.g. severe PET with epidural in situ)

Opiates
I.V. in recovery as needed after GA caesarean section
PCA if necessary and patient remaining on delivery suite
Morphine 10mg im 2hrly or 30mg Oramorph oral 2hrly PRN on postnatal wards

NSAIDS
Diclofenac 100mg PR in theatre, 100mg PR 12 hours later then:- 50mg tds orally after caesarean section or instrumental delivery/perineal repair
Paracetamol 1g qds after caesarean section or instrumental delivery

Contraindications to NSAIDS
Pre eclampsia
Significant haemorrhage (review, may be appropriate once stable)
Renal impairment
Thrombocytopenia
Asthmatics sensitive to NSAIDS

If NSAIDS are contraindicated codydramol should be prescribed two tablets qds