(November 2008)

INTRA-UTERINE RESUSCITATION GUIDELINE

RESUSCITATE

- **Syntocinon off**

- **Position**
  - full left lateral; continue for transfer & on operating table
  - (if FHR remains low try right lateral / knee elbow for possible cord compression)

- **Tocolysis**
  - terbutaline 0.25 mg subcutaneous (0.5 ml from a 1ml ampoule).
  - alternatively for immediate action GTN sublingual spray, 2 puffs initially, repeat after 1 minute until contractions stop, maximum 3 doses

- **Oxygen**
  - maximum flow (15 litre/min) via tight fitting Hudson mask with reservoir bag

- **Fluid**
  - Hartmann’s 1 litre rapid infusion (unless fluid intake restricted e.g. preeclampsia)

- **Ephedrine**
  - consider if low maternal blood pressure

TRANSFER

REASSESS

- Electronic fetal monitoring should be restarted in theatre and maintained as long as possible

Reference:
NICE Intrapartum care 2007